

LW-TWS161 Leg Press / Calf Raise

Product Description LW-TWS161:

- Leg Press: Quadriceps, Gluteus Maximus, Hamstrings, Vastus Lateralis, Vastus Medialis
- Calf Raise: Gastrocnemius, Soleus, Peroneus Brevis, Flexor Hallucis Longus
- Feature: Change your workout mode and adjust position by using the remoted arm lever

