

LW-TWS107 Pec Fly / Rear Deltoid

Product Description LW-TWS107:

- Pec Fly: Pectoral Major, Pectoral Minor, Anterior Head, Deltoid
- Rear Deltoid: Teres Minor & Infraspinatus, Rhomboids, Middle Trapezius
- Feature: Change your workout mode by using the spring loaded pull pin

