

## Professional Grade Rower LA-4000 i

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Product Description LA-4000 i:

The LA-4000i Allows you to exercise at your own pace and is suitable and easy to use for both those new to rowing and just starting their fitness regime to competitive rowers.

- Default Programming: Manual, 12 Pre-Set Programs, HRC, RACE, and USER
- Console: Extra-Large LCD Display; Default Program Keys
- Console Feedback: SPM, Time/500M, Meters, Watts/Calories, Strokes, Pulse
- · Heart Rate: Telemetric Chest Strap (Chest strap not included)
- Program Levels: 16
- · Resistance System: Electromagnetic Disk, Motor
- Power Supply: 220V, 50/60 Hz
- Frame: Extra-Heavy Gauge Welded Steel and Aluminum Seat Raill
- Seat: Extra-large and Comfortable Saddle
- Pedal: Extra-Large and No-Slip Pedals
- · Handlebars: Easy-to-grip and No-Slip Handlebars
- Product Dimensions: 2665 mm L x 530 mm W x 1050 mm H
- · Product Weight: 46.4 kgs · Max. User Weight: 160 kgs
- · Colour: White
- Certification: CE & RoHS and EN957



